

Egyptian Arthroscopy Association

EGAA



2023

INTENSIVE SHOULDER COURSE BASIC TO ADVANCED

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2nd - 3rd March 2023



National Training Institute Nasr City - Cairo

Day 1**2nd March 2023
Thursday**

INSTABILITY

08:15 - 09:10 Registration

09:10 - 09:15 Opening

09:15 - 10:15 Session I (BASICS)

Chairmen Faisal Elsharif - Khaled Farouk - Sherif El Ghazaly - Wissam Fakhry

09:15 - 09:30 Factors Affecting Shoulder Stability (Including Incidence & Epidemiology & Age) Haitham Haron

09:30 - 09:45 Clinical Assessment for Shoulder Instability (Examination) Hesham Gawish

09:45 - 10:00 Radiological Assessment for Shoulder Instability (MRI & MRA) Ahmed Hatem

10:00-10:15 Discussion

10:15 - 11:30 Session II (BANKART)

Chairmen Adham Elsharkawey - Ahmed El-Saed - Hossam El Shafei - Mohamed Abou El Nour

10:15 - 10:30 Bankart Repair ; Step by Step Ahmed El-Saed

10:30 - 10:45 When Bankart repair isn't enough Emad Zayed

10:45 - 11:00 Failed Bankart Repair ; How to think & What to Do? Mohamed Abou El Nour

11:00 - 11:15 Multi-Directional Instability ; Diagnosis & Treatment Ahmed Fouad

11:15 - 11:30 Discussion

11:30 - 12:00 COFFEE BREAK

12:00 - 13:15 Session III (BONY INSTABILITY)

Chairmen Ahmed Abdel Aziz - Faisal Zayed - Hany El Kelsh - Walid Reda

12:00 - 12:15 Latarjet ; Step by step Walid Reda

12:15 - 12:30 Complications of Latarjet Mohamed El Halawany

12:30 - 12:45 Management of Large Hill-Sach's Defect Faisal Zayed

12:45 - 13:00 Case Presentations

13:00 - 13:15 Discussion

13:15 - 14:30 Session IV (POSTERIOR INSTABILITY)

Chairmen Ayman Ebied - Gamal Abdel Maksoud - Maher El Assal - Tarik Khalil

13:15 - 13:30 Biomechanics of Posterior Instability Ahmed Nady

13:30 - 13:45 Management of Posterior Instability Asem Nor El Den

13:45 - 14:00 Remplissage Procedure ; When & How? Ahmed Hany

14:00 - 14:15 Case Presentations

14:15 - 14:30 Discussion

14:30 - 15:30 LUNCH

15:30 - 17:00 Session V (OVER-HEAD ATHLETE'S DILEMMA)

Chairmen Hossam Nagy - Mohamed Abdelhameed - Moheb Fadel - Safwat Shalaby

15:30 - 15:45 Biomechanics of Instability in Non-Dislocators Amr Kandil

15:45 - 16:00 Management of Over-Head Athletes' Instability Mohamed Abo Alata

16:00 - 16:15 AC Instability & its management Mohie Fadel

16:15 - 16:30 Rehabilitation After Shoulder Instability Surgery Mohamed Ali

16:30 - 16:45 Case Presentations

16:45 - 17:00 Discussion

17:00 - 18:00 Session VI (WORKSHOP)

Day 2**3rd March 2023
Friday**

ROTATOR CUFF

09:00 - 10:15 Session I (BASICS)

Chairmen Abdul Rahman Al-Janaini - Hisham El Kady - Labib Yosri - Walid Harhash

09:00 - 09:15	Biomechanical & Histological Understanding of the Role of RC	Mohamed Rakha
09:15 - 09:30	Clinical Assessment of RC (Examination)	Ahmed El Shamy
09:30 - 09:45	Radiological Assessment of RC (MRI & MRA)	Begad Hashem
09:45 - 10:00	Management of Supraspinatus Tendinopathy (Conservative)	Mostafa Mesrega

10:00 - 10:15 Discussion

10:15 - 11:30 Session II (PARTIAL RC TEAR)

Chairmen Hisham Mesbah - Hossam El Shafei - Sherif Sokkar - Walid Ewais

10:15 - 10:30	Rotator Cuff Injuries in Throwing Athlete	Ahmed Samir
10:30 - 10:45	Biologic Adjuncts to Rotator Cuff Repair ; What Works? What is the Future?	Omar Taalab
10:45 - 11:00	Subacromial Decompression ; What is it's Role?	Walid Ewais
11:00 - 11:15	Management of Frozen Shoulder	Amr Ahmed

11:15 - 11:30 Discussion

11:30 - 13:30 PRAYER & LUNCH

13:30 - 14:45 Session III (SMALL & MEDIUM RC TEAR)

Chairmen Amr Ahmed - Amr Rashwan - Mohamed El Shewy - Rushdy El Sallab

13:30 - 13:45	Arthroscopic Rotator Cuff Repair; Step by Step	Mohamed El Shewy
13:45 - 14:00	Management of Subscapularis tear (Hidden Tear)	Amr Rashwan
14:00 - 14:15	Management Option for of the Degenerative Biceps	Mahmoud Abd El-Wahab
14:15 - 14:30	PASTA Lesion	Mostafa Rafaat

14:30 - 14:45 Discussion

14:45 - 16:00 Session V (MASSIVE RC TEAR)

Chairmen Ahmed Waly - Hazem Farouk - Mohamed Morsy - Mohamed Sobhy

14:45 - 15:00	Double & Triple Row Repair	Mohamed Morsy
15:00 - 15:15	Massive Cuff Repair ; The Role of SCR	Hazem Farouk
15:15 - 15:30	Biceps Augmented SCR ; When & How ?	Mohamed Sobhy
15:30 - 15:45	Case Presentations	

15:45 - 16:00 Discussion

16:00 - 17:30 Session VI (IRREPARABLE RC TEAR)

Chairmen Amr Abdel Hady - Hatem Galal - Maged Samy - Omar Soliman

16:00 - 16:15	Tendon Transfers for Massive Irreparable Rotator Cuff Tear	Maged Samy
16:15 - 16:30	SLAP Lesion	Hatem Galal
16:30 - 16:45	Reverse Shoulder Arthroplasty for Irreparable RCT	Amr Abdel Hady
16:45 - 17:00	Rehabilitation after RC Repair (Medium Vs Massive Tear)	Rafik Radwan
17:00 - 17:15	Case Presentations	

17:15 - 17:30 Discussion

17:30 - 18:30 Session VII (Rotator cuff repair workshop)



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Registration 500 L.E

For Registration Please contact

Egyptian Arthroscopy Association. 91 Abbasia st. , Cairo , Egypt

Tel. : (02) 01221060333 - (02) 01555577162 - (02) 26845085

Website: www.egaaonline.com - E-mail: egaa@egaaonline.com

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Contact Us

- 16 Fathi Talaat Street-Sheraton Builds. - Cairo
- +20 (2) 22666152 -22666156 - 01001634534
- www.misr2000online.net
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